

# Littleton Taekwondo Class Schedule-(303-933-0500)

MON	TUE	WED	THUR	FRI	SAT
					3-4 LITTLE KIDS with a parent 9:30 to 10:00
5-7 KIDS CLASS 4:15 to 5:00	5-7 KIDS CLASS 4:15 to 5:00		5-7 KIDS CLASS 4:15 to 5:00	5-7 KIDS CLASS 4:15 to 5:00	5-7 KIDS CLASS 10:00 to 10:45
INTERMEDIATE Taekwondo 5:00 to 6:00	5-7 KIDS CLASS Forms & Sparring 5:00 to 5:45	5-7 KIDS CLASS ALL RANKS 5:00 to 5:45	BEGINNERS Taekwondo 5:00 to 5:45	AGES 8 & UP ALL RANKS 5:00 to 5:45	5-7 KIDS CLASS Forms & Sparring 10:00 to 11:00
BEGINNERS Taekwondo 6:00 to 6:45	SPARRING 60 to 90lbs 5:45 to 6:45	AGES 8 to 11 ALL RANKS 5:45 to 6:45	INTERMEDIATE Taekwondo 5:45 to 6:45	BELT TEST When announced Eligibility Required	AGES 8 & UP ALL RANKS 11:00 to 11:45
ADVANCED 6:45 to 7:45	SPARRING Over 91lbs 6:45 to 7:45	AGES 12 & UP ALL RANKS 6:45 to 7:45	ADVANCED 6:45 to 7:45		AGES 8 & UP FORMS & SPARRING 11:00 to 12:00

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